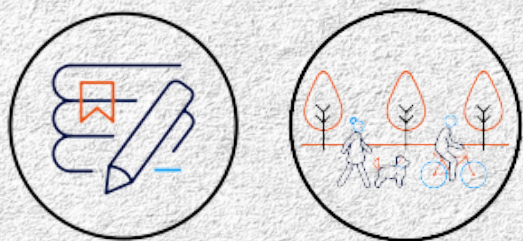


LE SCUOLE DELLA PROVINCIA DI CUNEO E L'ATTIVITÀ FISICA

A che punto siamo?



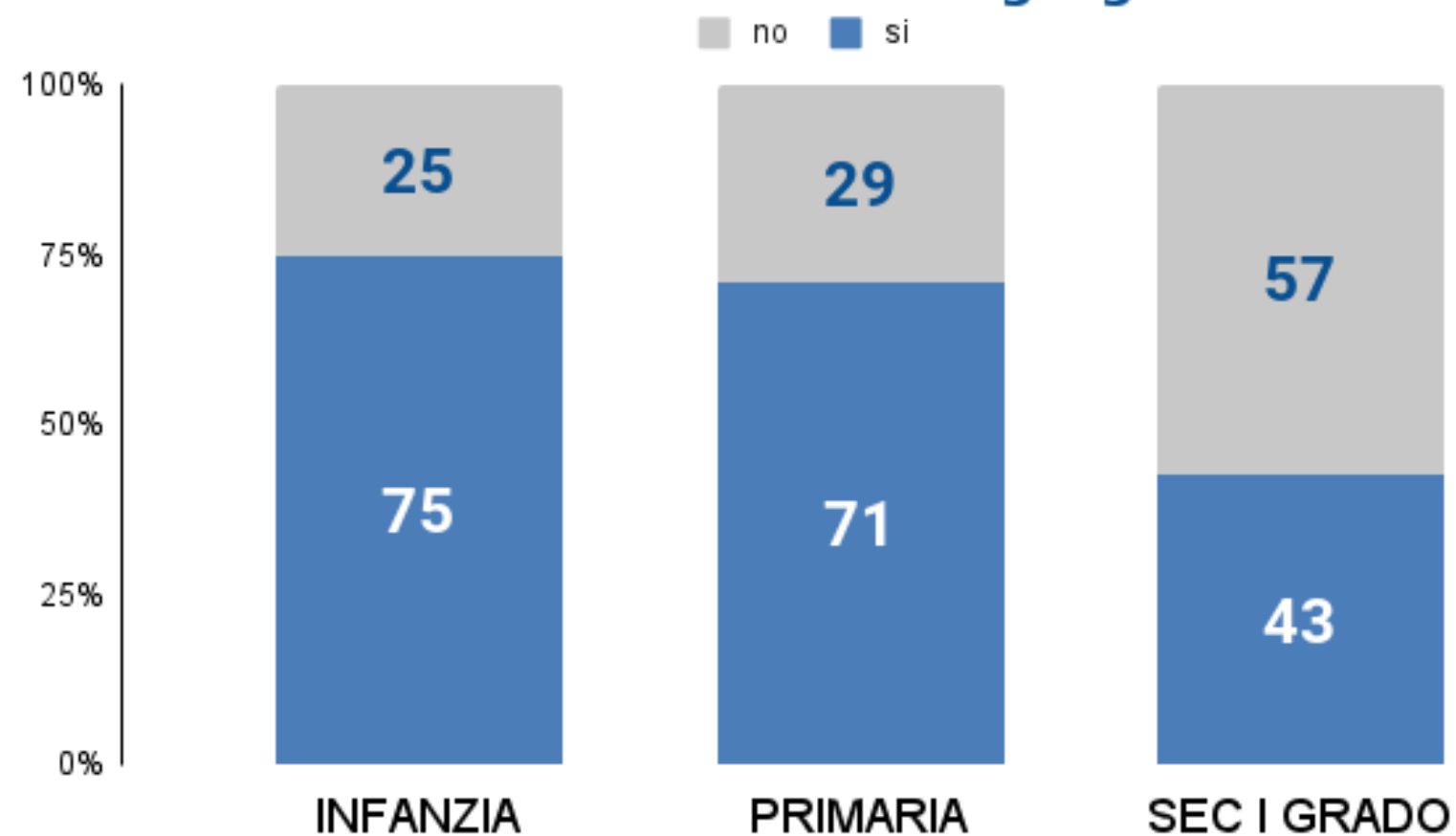


LA PROMOZIONE DELL'ATTIVITÀ FISICA

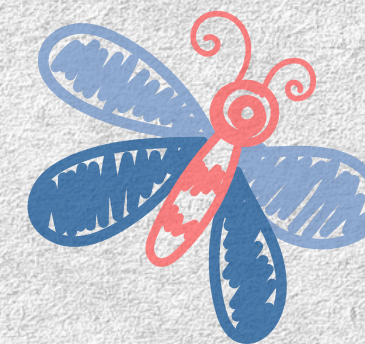
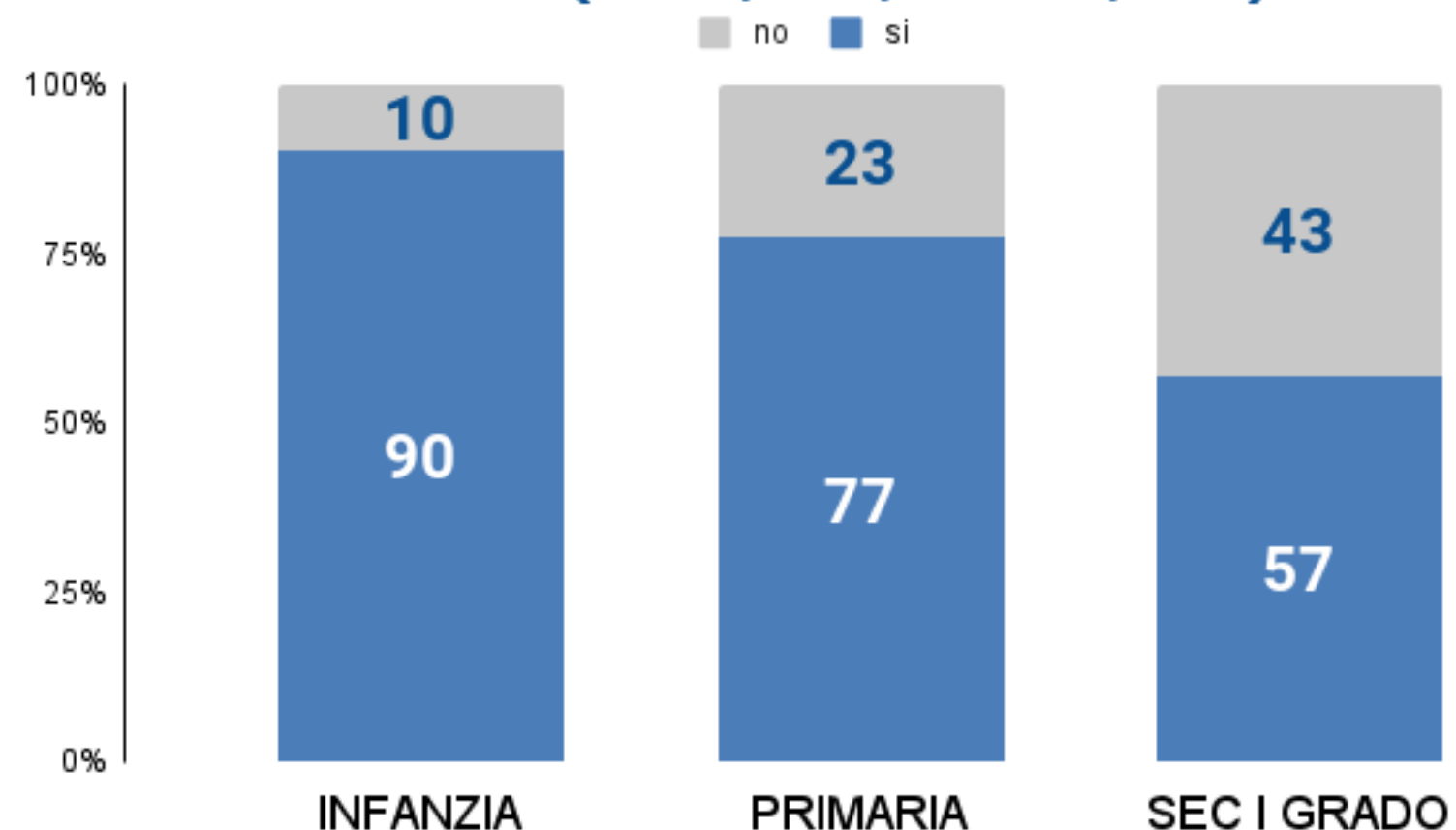


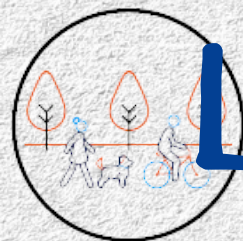
La Scuola...

promuove il messaggio che i bambini hanno bisogno di 60 minuti di attività fisica ogni giorno?



utilizza percorsi a piedi/passeggiate per insegnare altre materie (storia, arte, scienze, ecc.)?





LE RISORSE PER L'ATTIVITÀ FISICA A SCUOLA

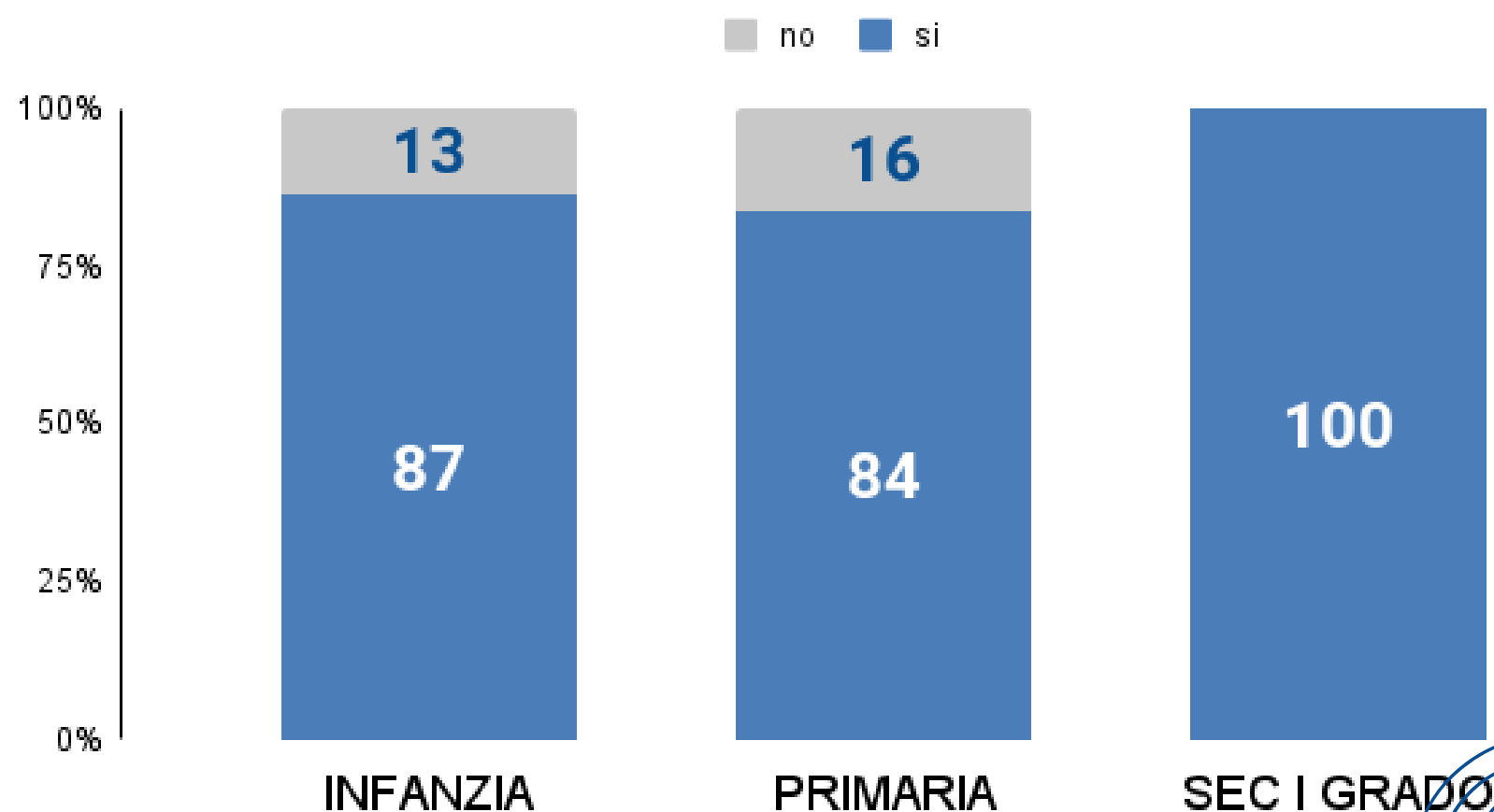


MUOVINSIEME

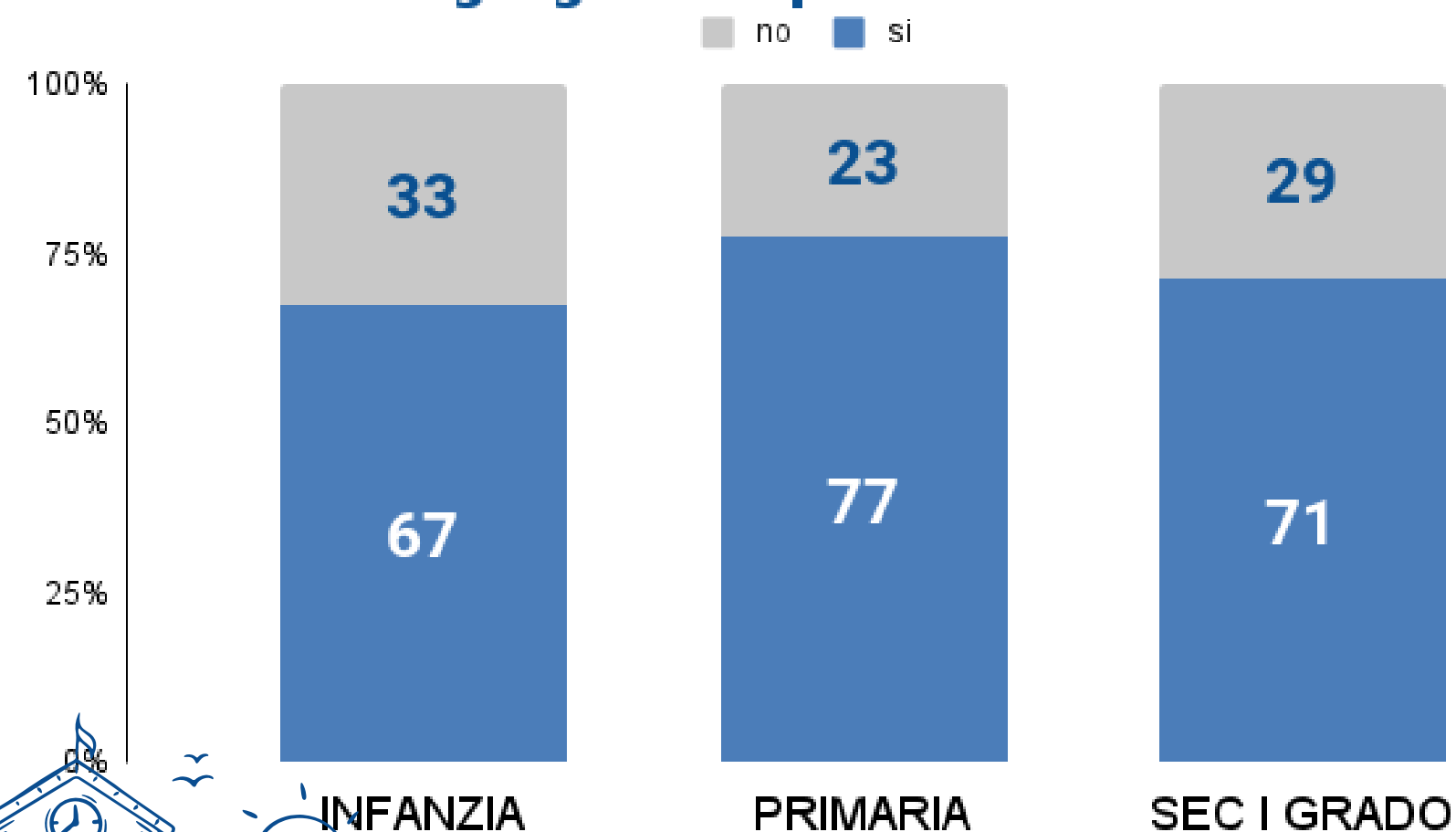


L'intervallo

TEMPO NORMALE ogni giorno 1 pausa in cortile



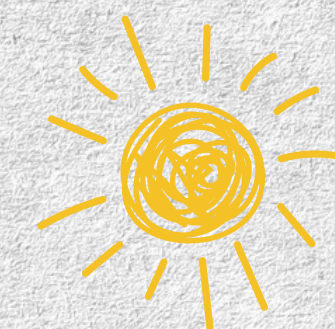
TEMPO PIENO ogni giorno 2 pause in cortile



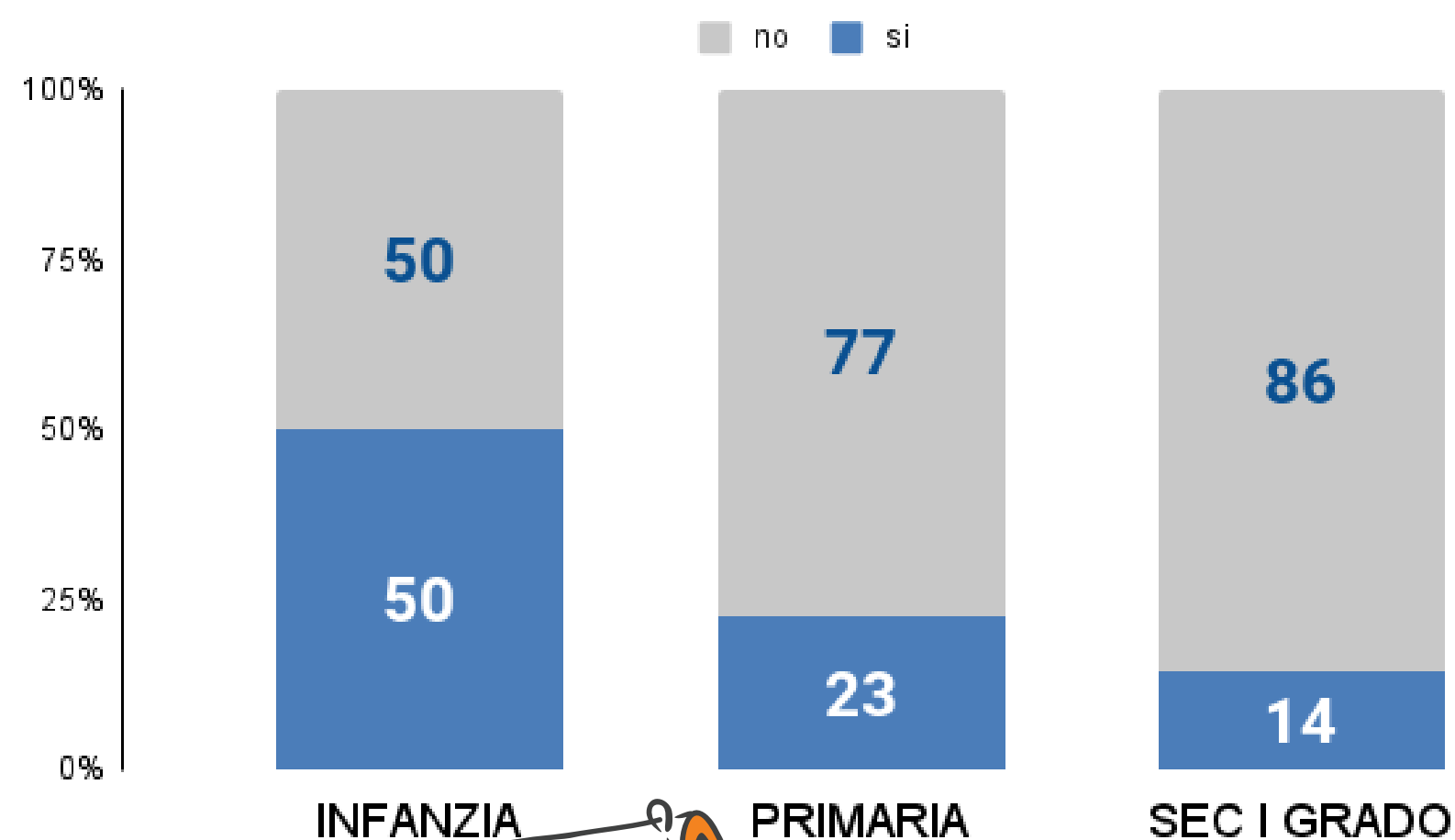


LE RISORSE PER L'ATTIVITÀ FISICA A SCUOLA

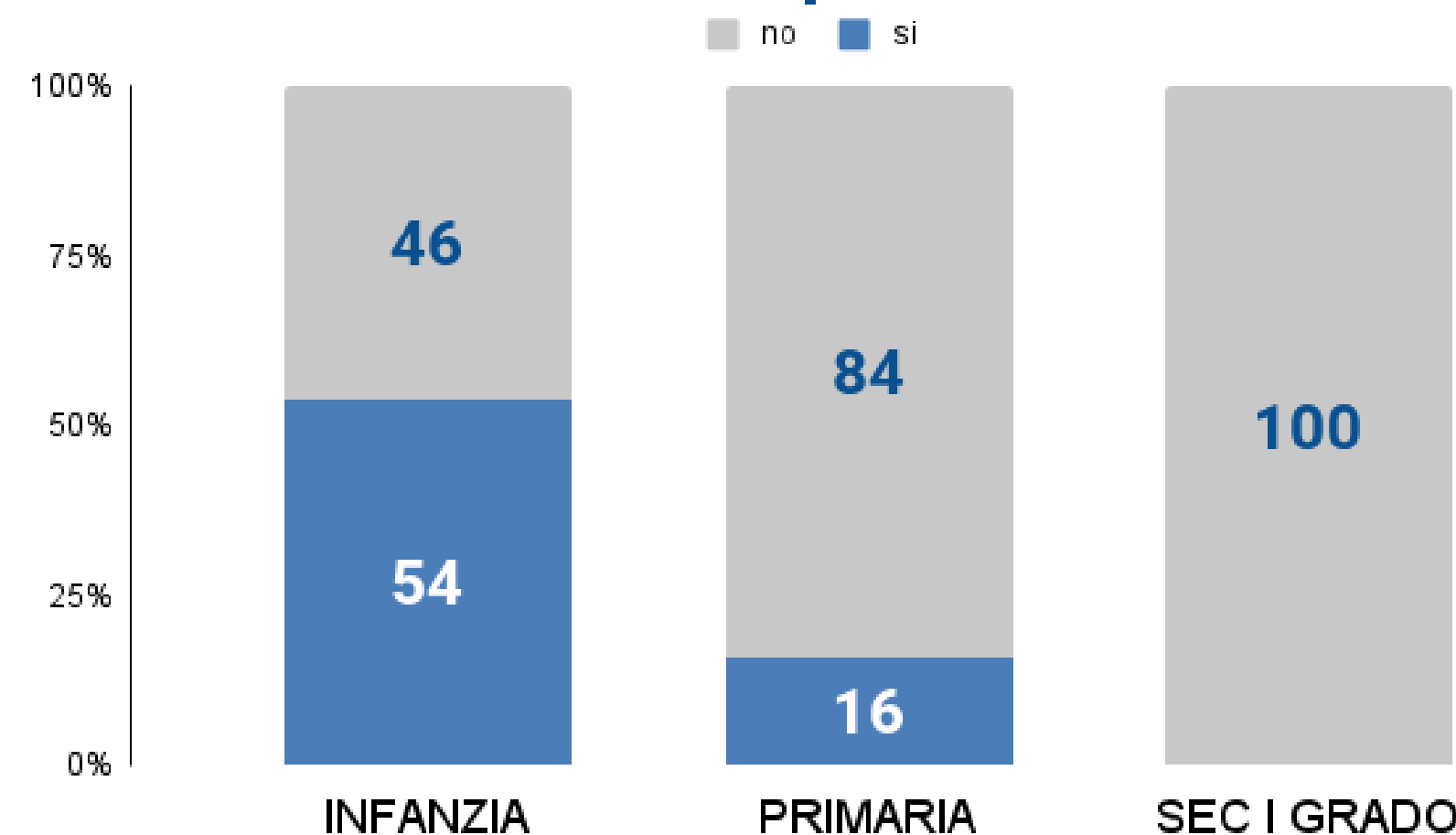
Lo spazio esterno...



suddiviso in zone per le diverse attività e gruppi di età



ha il tracciato di campi da gioco o sono disponibili attrezzature sportive o ludiche





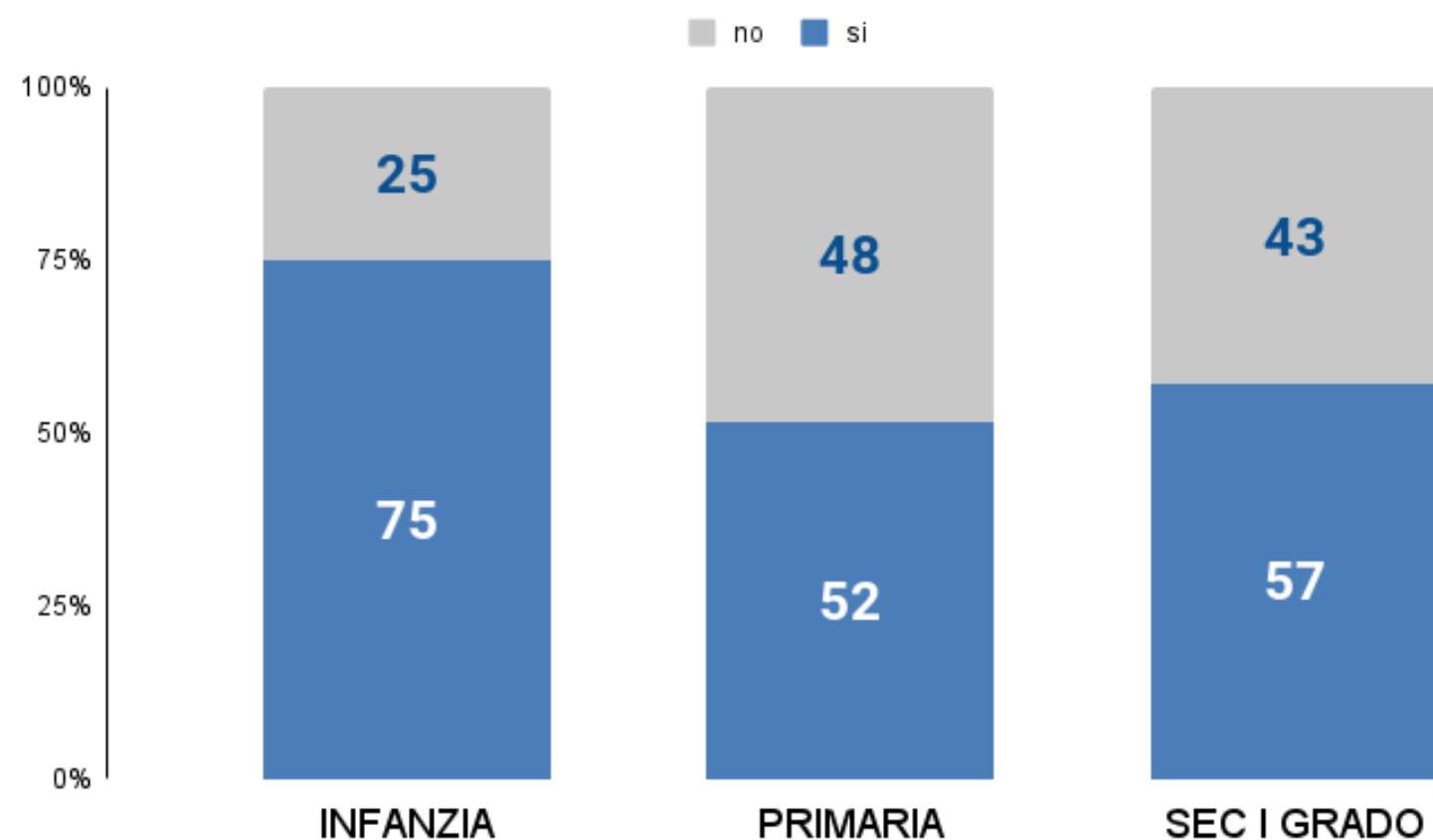
LE RISORSE PER L'ATTIVITÀ FISICA A SCUOLA



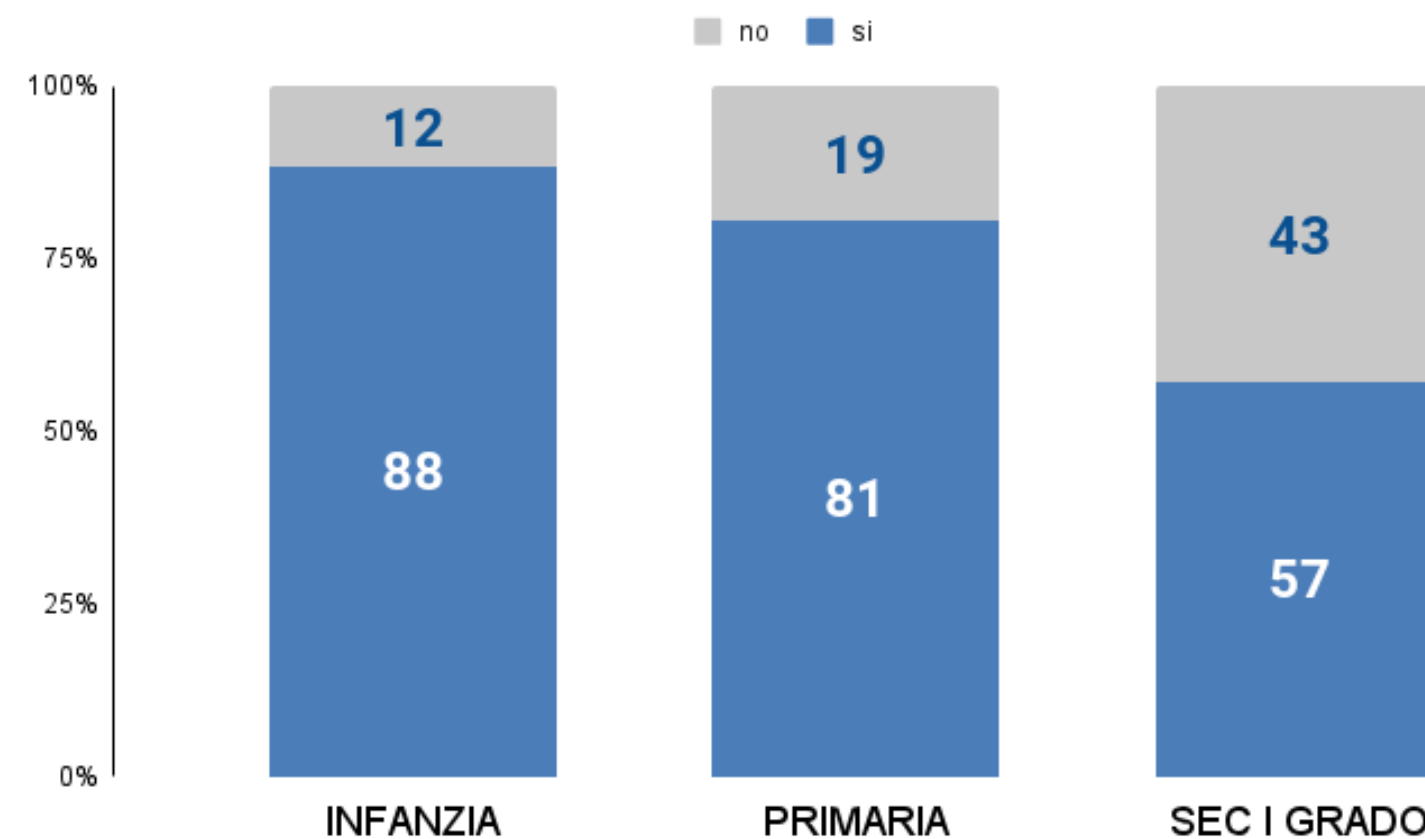
...e quello interno

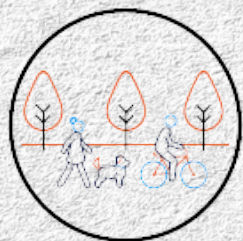


Quando piove c'è la possibilità di attività fisica indoor?



Sono previste brevi Pause Attive durante la giornata?

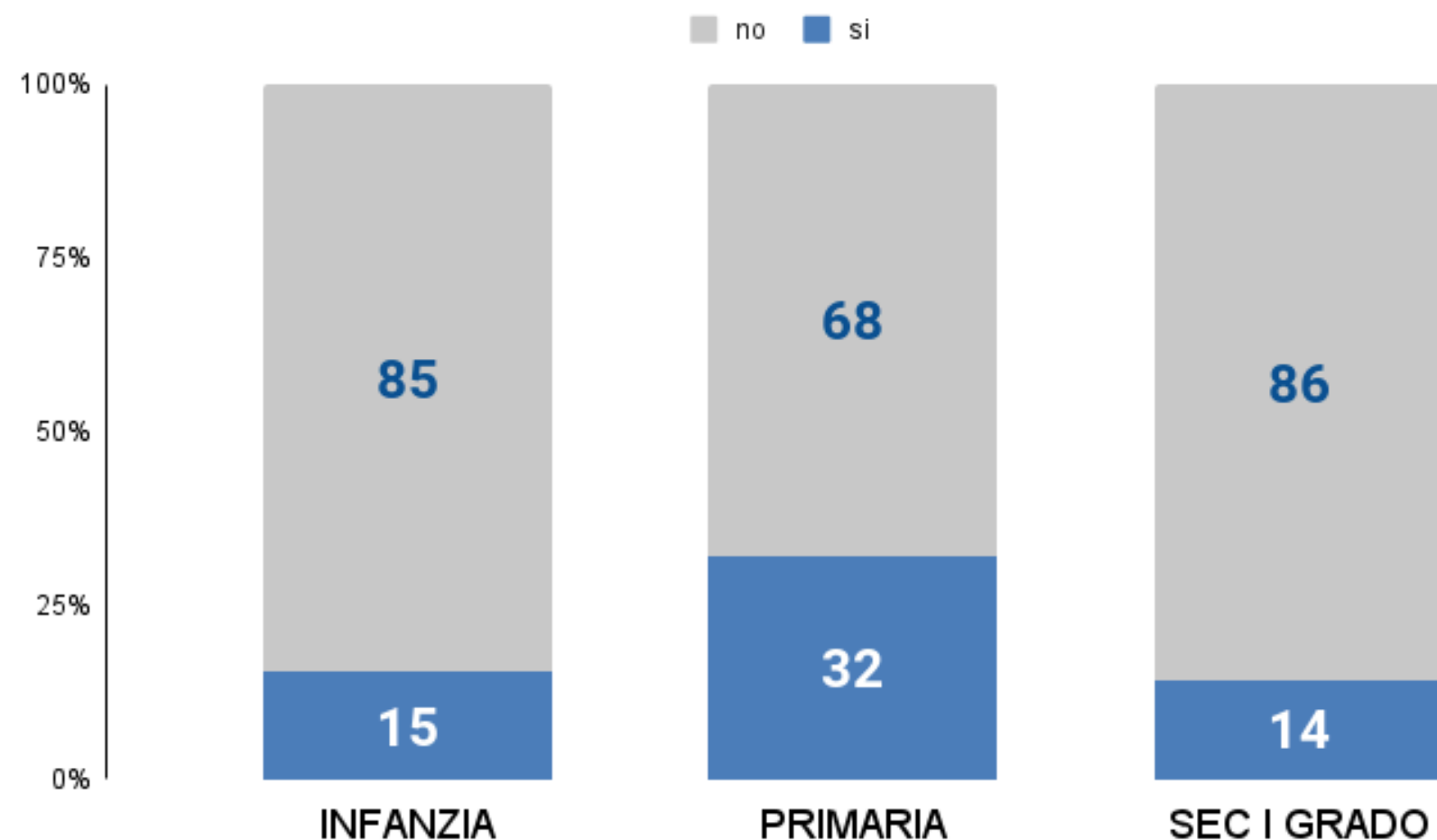




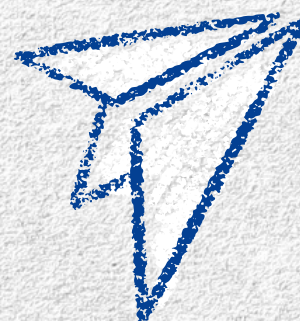
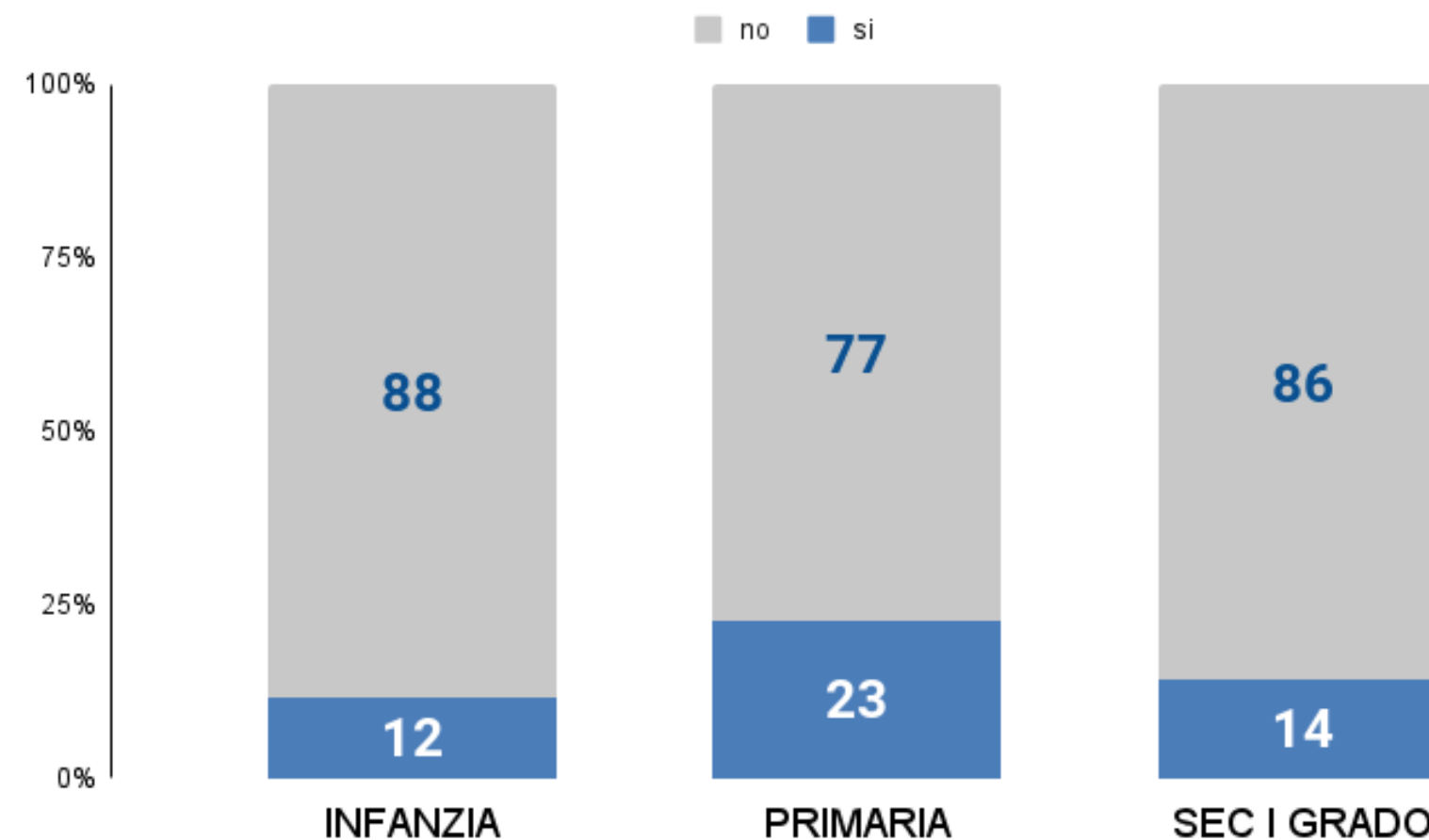
PARTECIPAZIONE DELLA FAMIGLIA

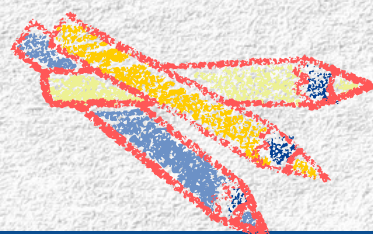
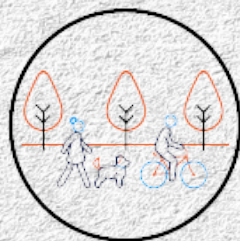


collaborazione dei genitori per i programmi o eventi di attività fisica a scuola

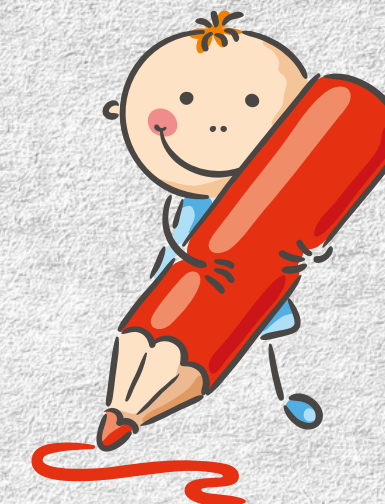


valutazione conoscenze delle famiglie e dell'alunno in tema di AF

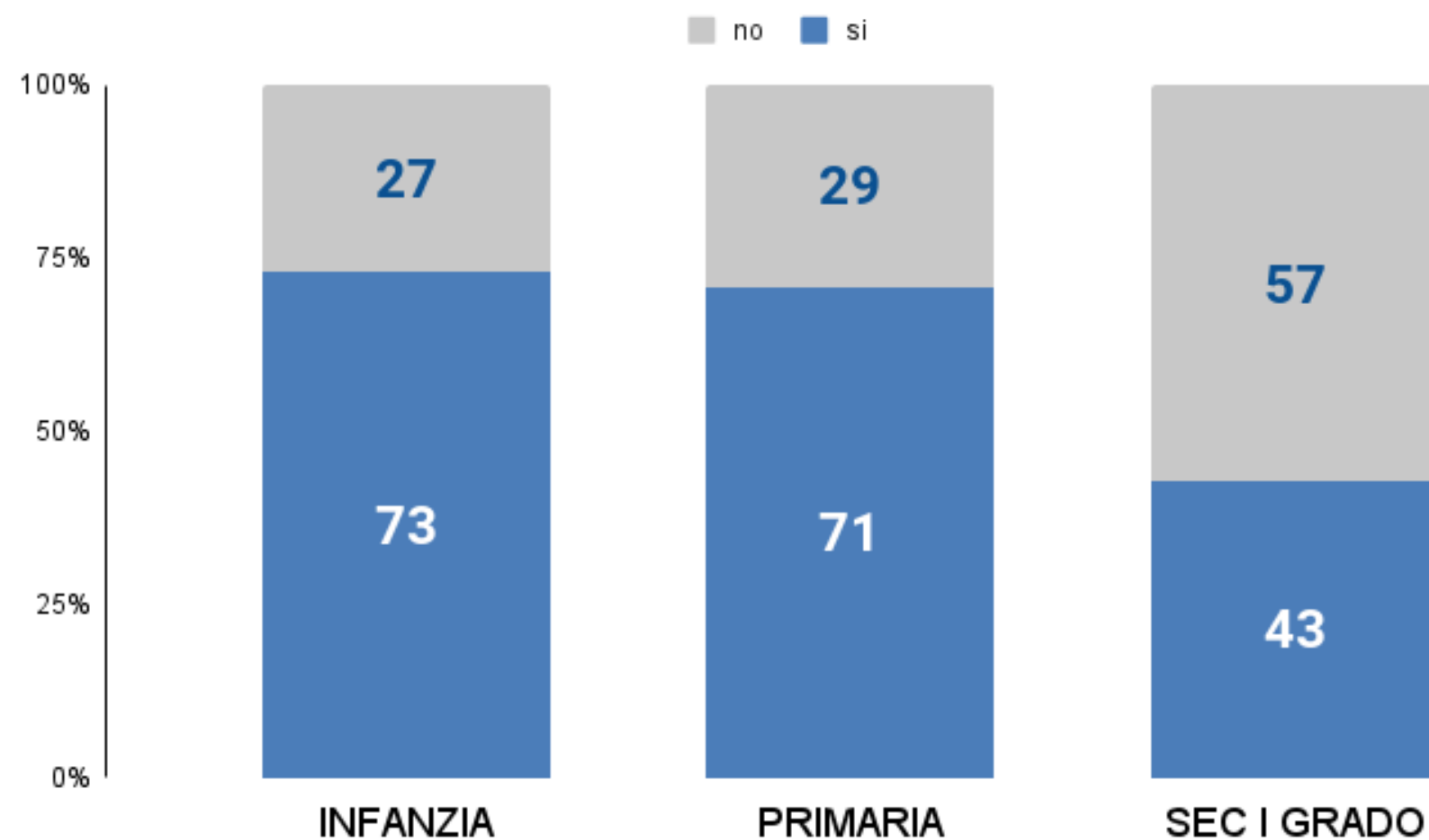




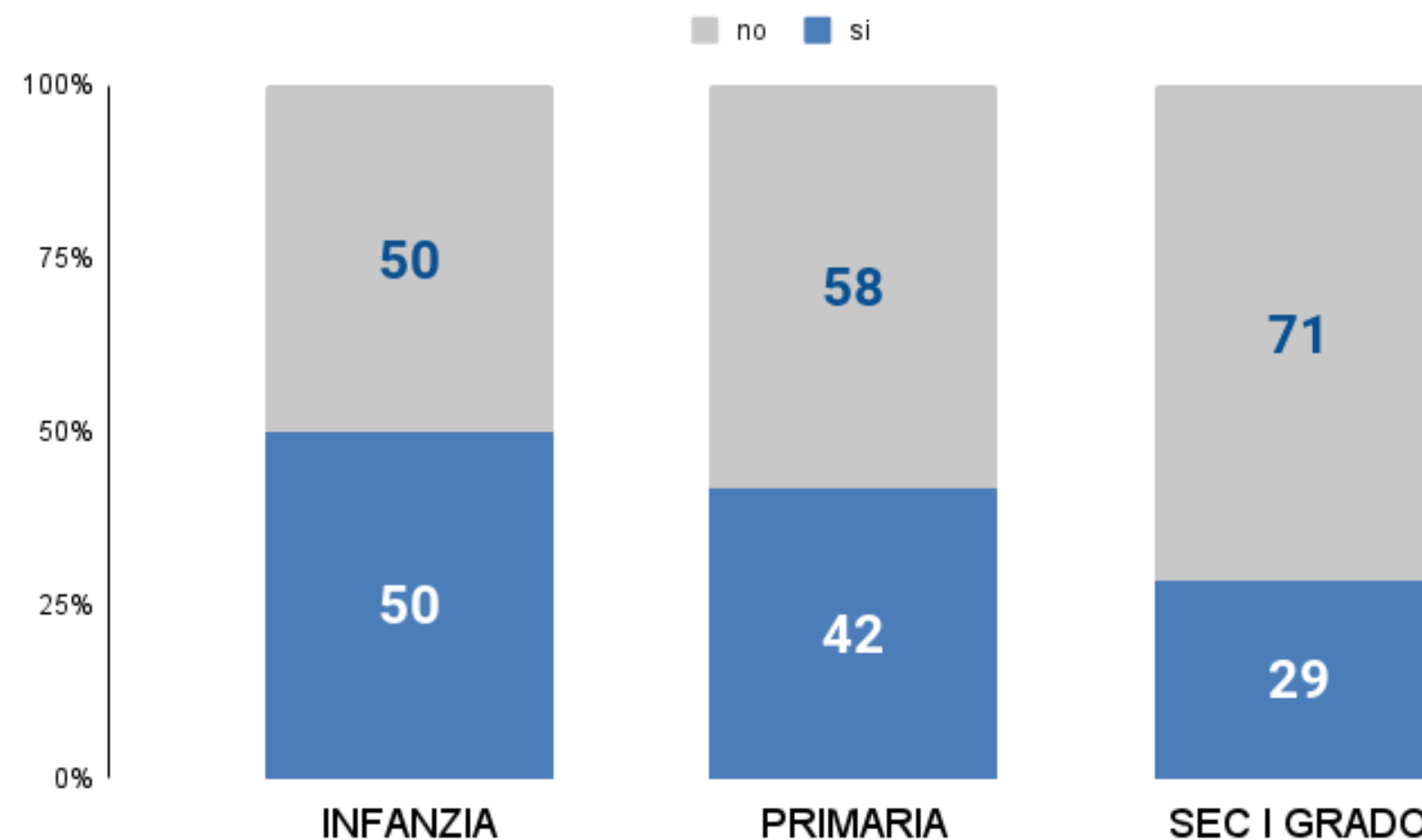
POLITICHE SCOLASTICHE

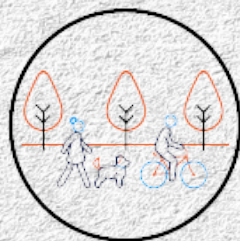


La scuola fa parte della "Rete delle Scuole che promuovono Salute?"



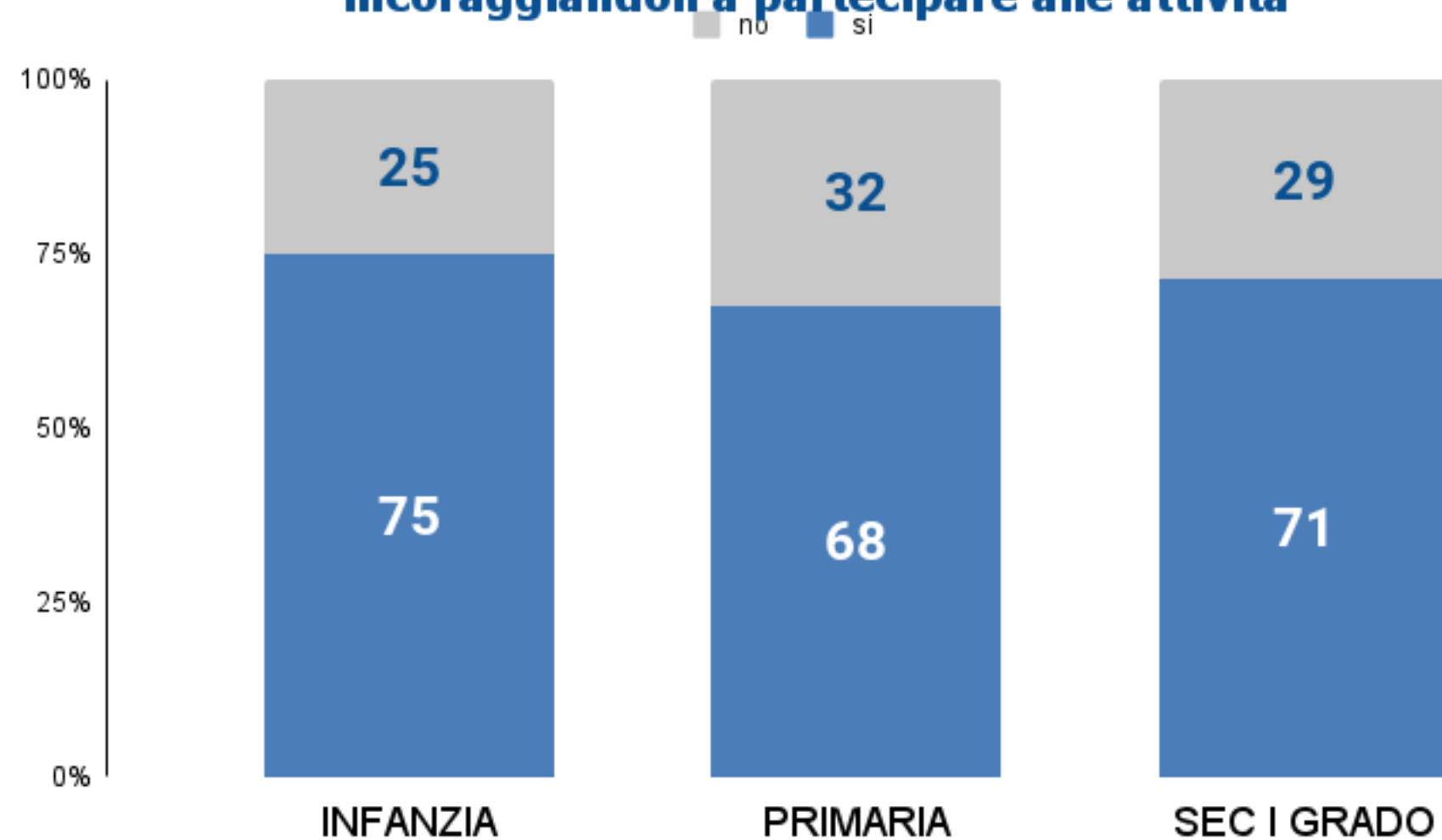
La scuola adotta una policy dedicata all'attività fisica o al movimento?



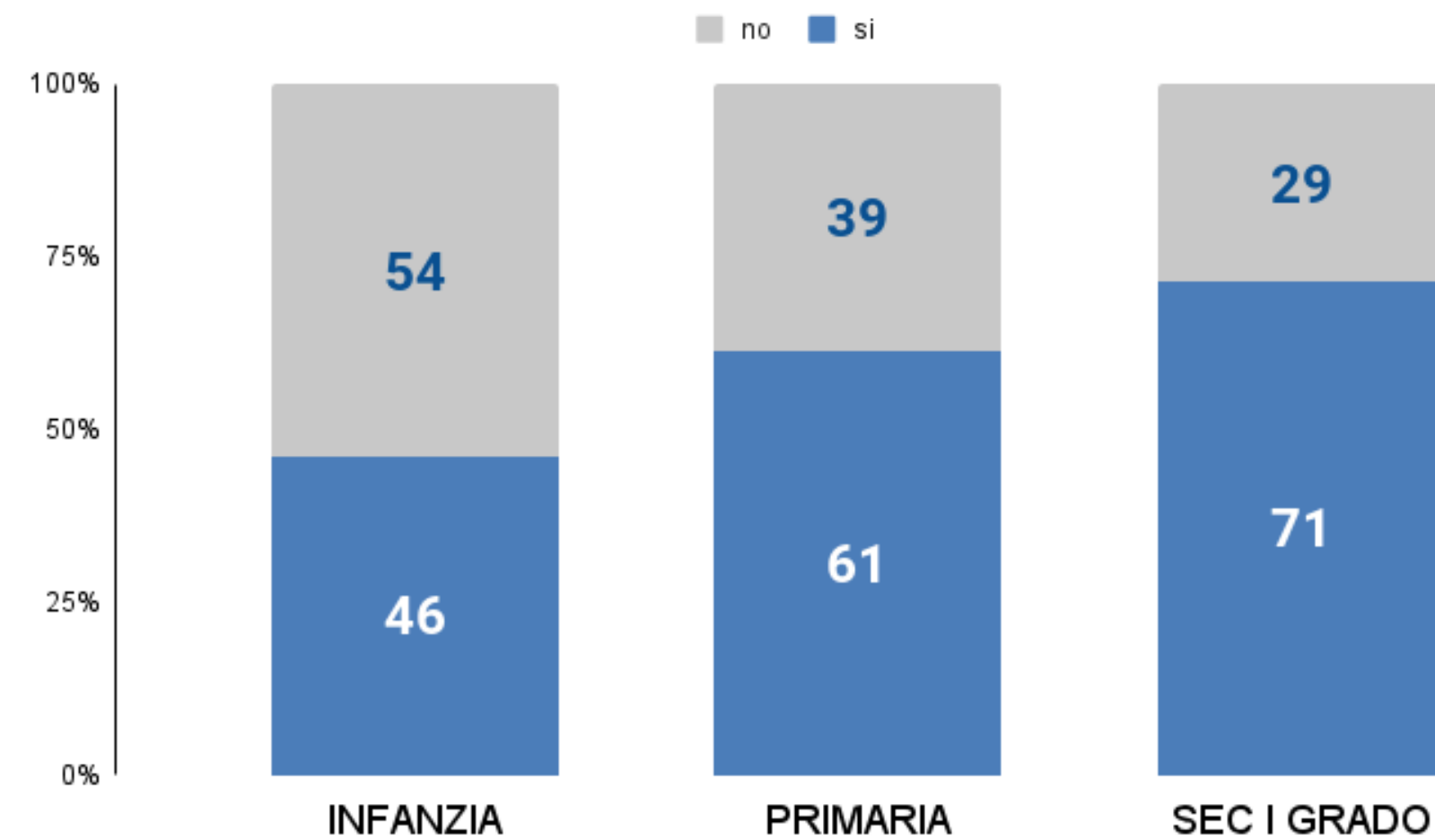


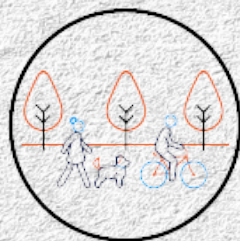
INCLUSIVITÀ

La scuola possiede attrezzature sportive adeguate per i bambini con bisogni speciali e garantisce loro la possibilità di accedere incoraggiandoli a partecipare alle attività

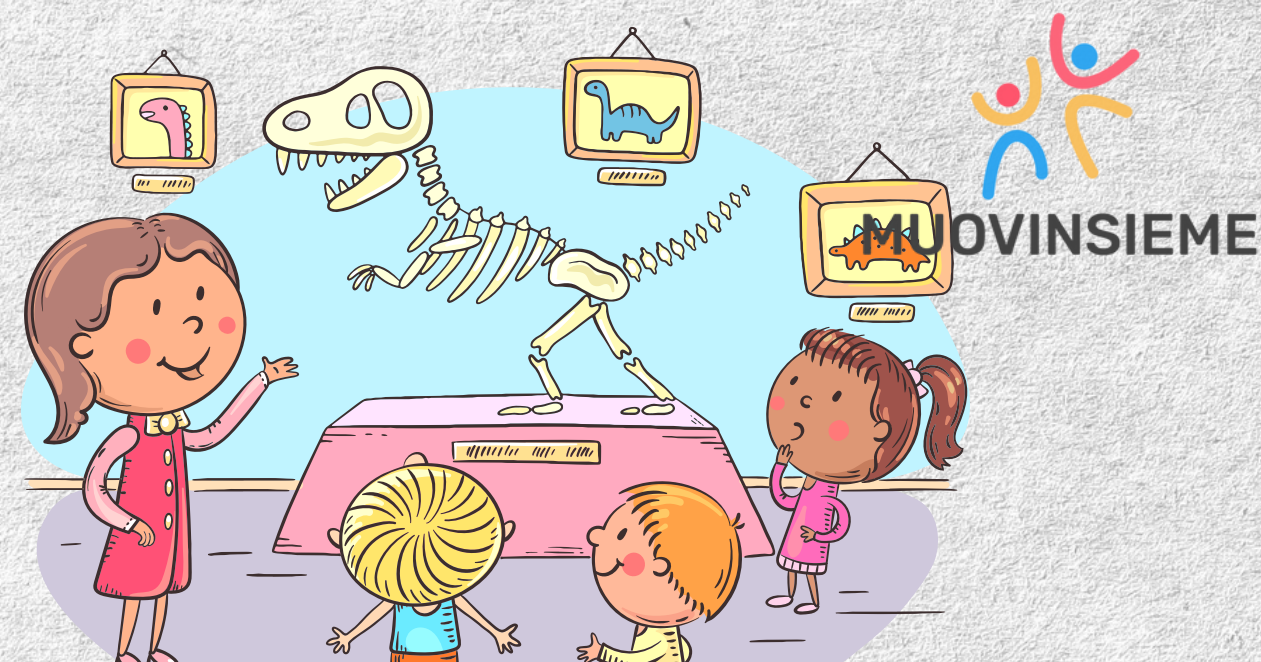


La scuola ha contatti con organizzazioni che si occupano di disabilità?

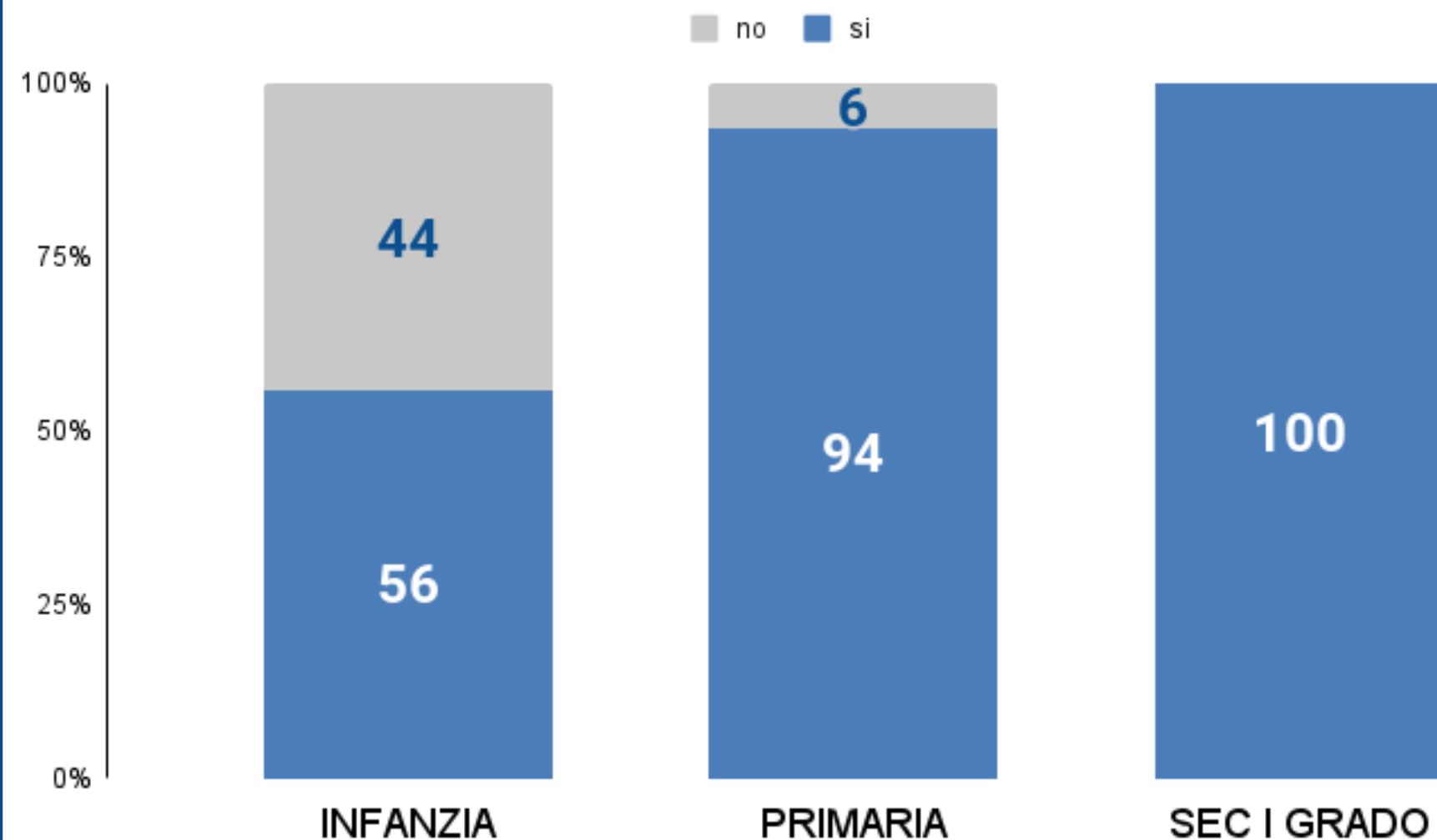




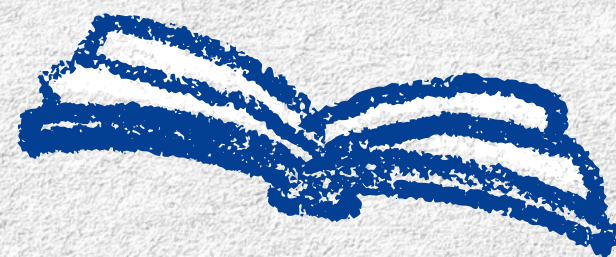
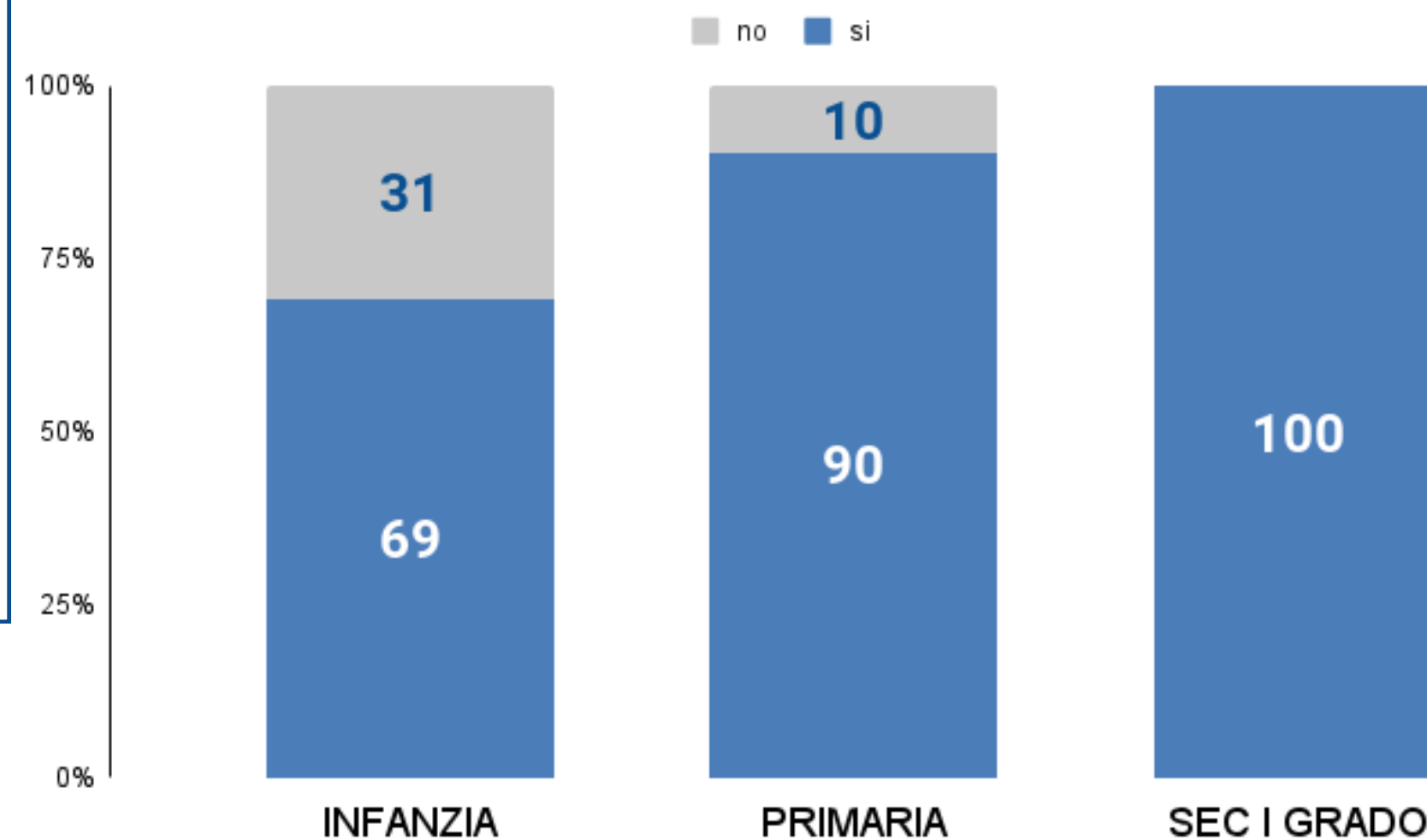
RISORSE ESTERNE

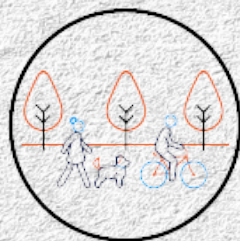


Utilizzo strutture e iniziative locali

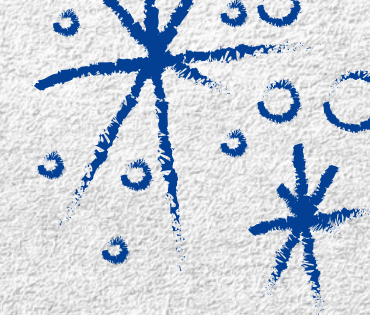


Spostamenti a piedi per attività esterne

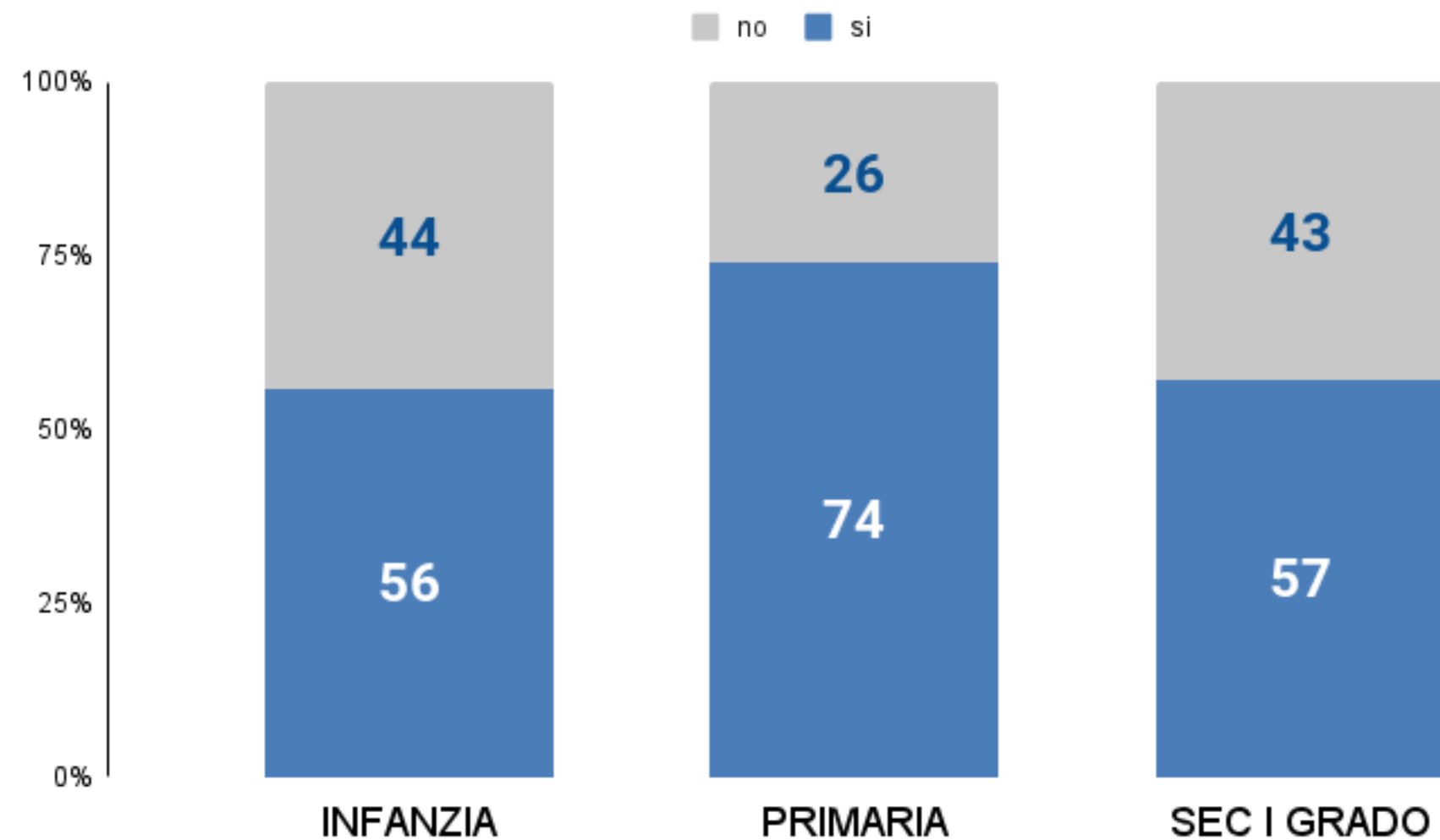




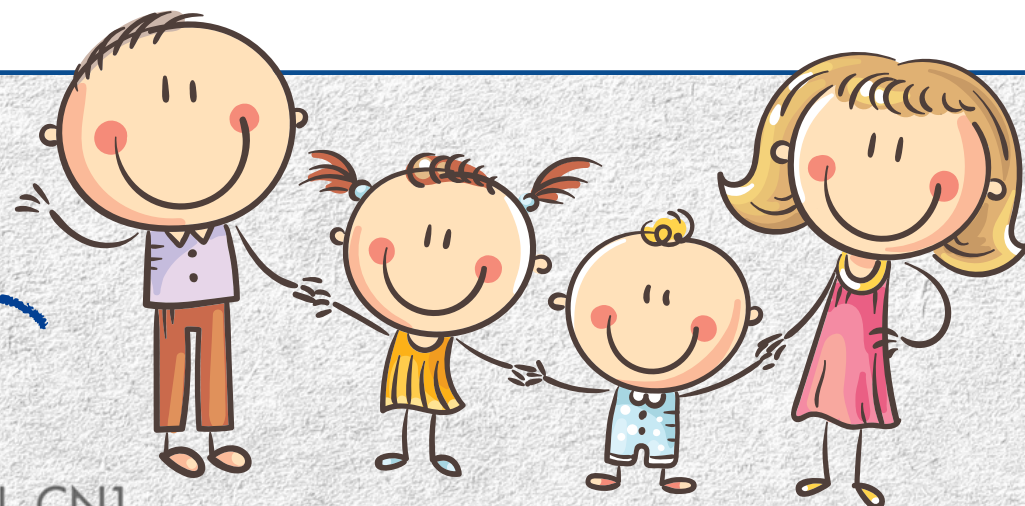
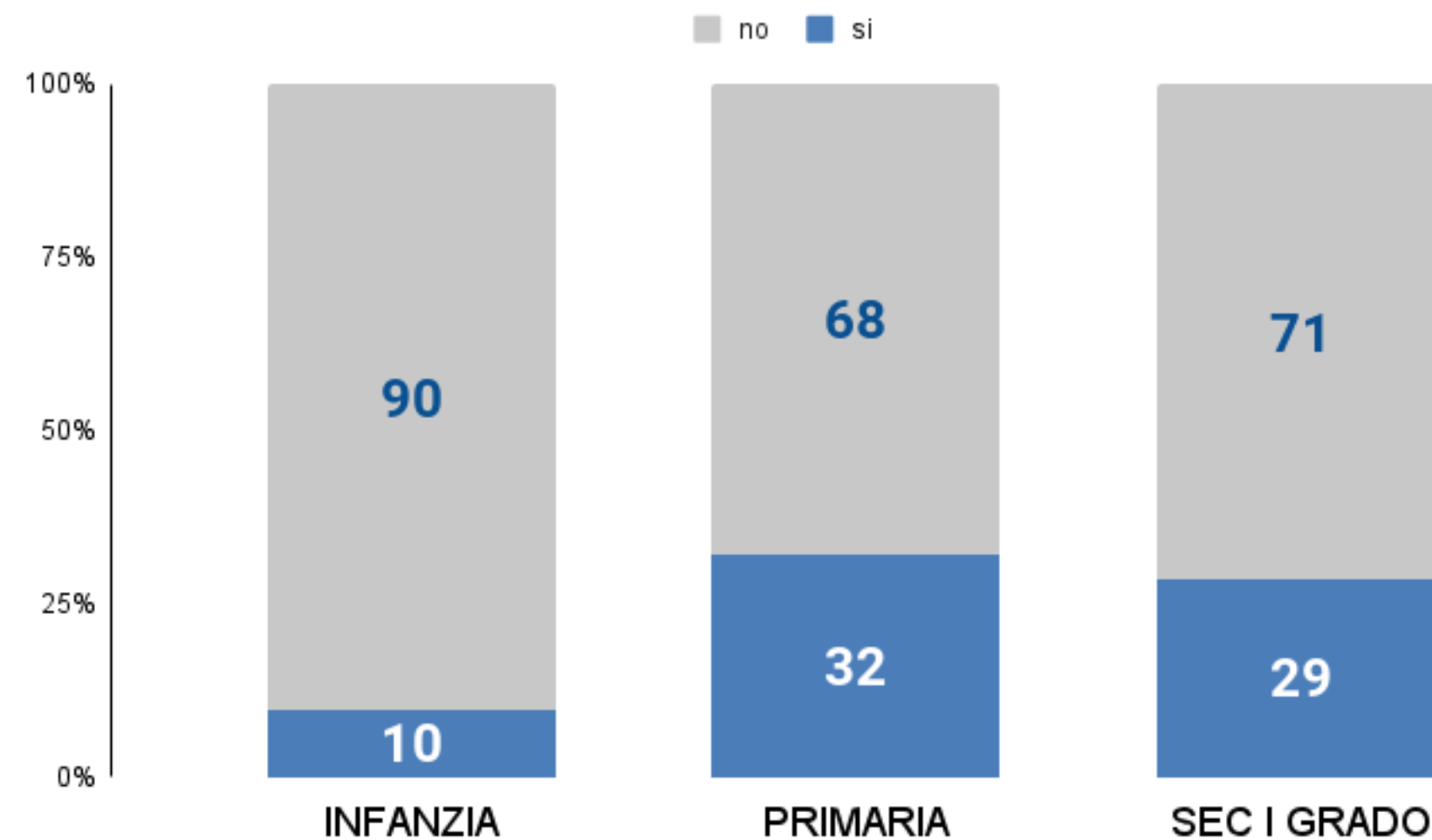
RISORSE ESTERNE

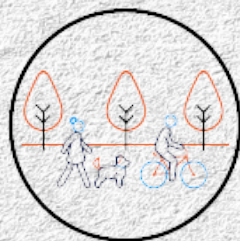


Organizzazione eventi di sensibilizzazione



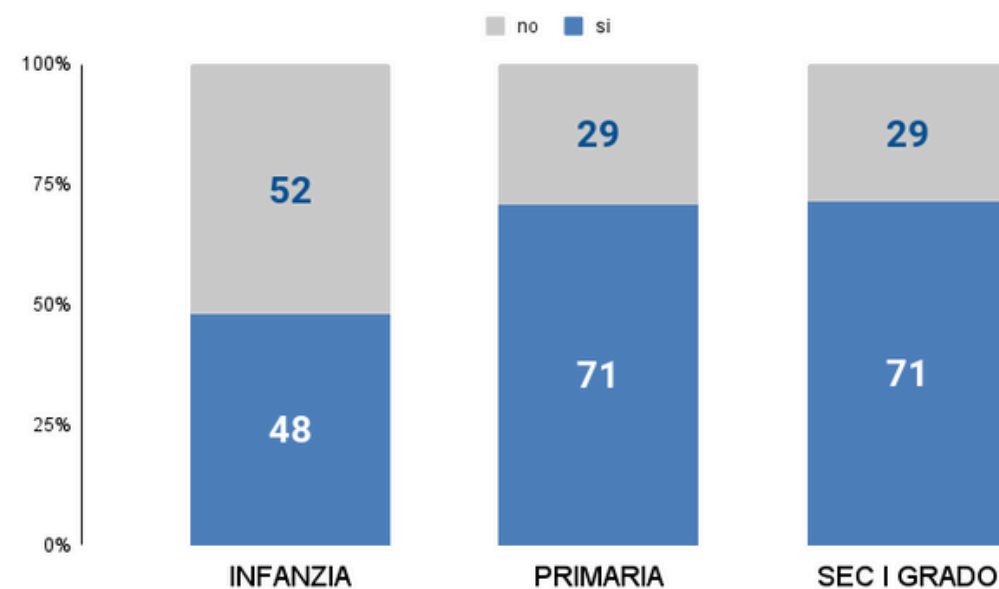
Pedibus



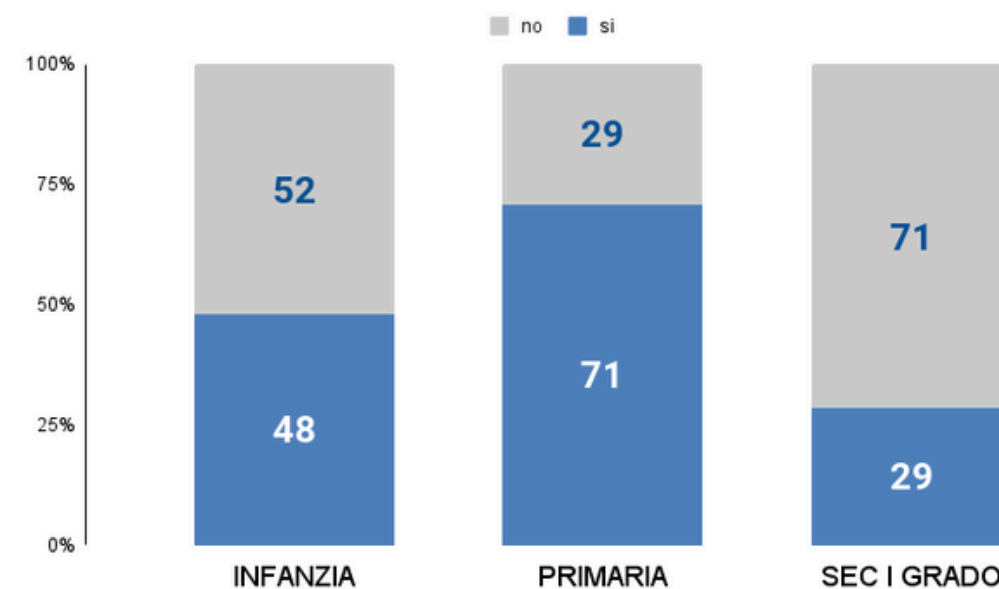


COLLABORAZIONI

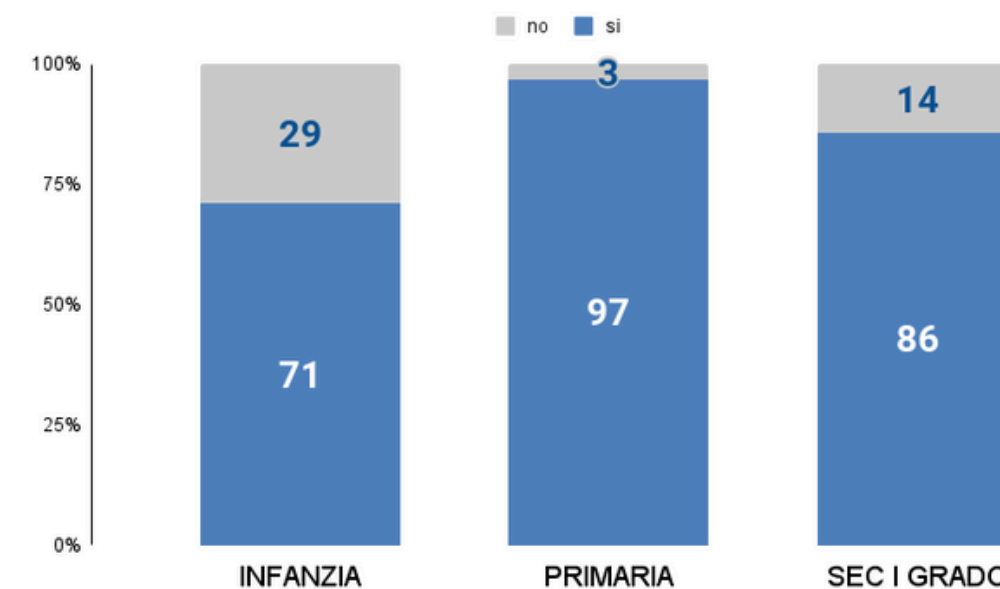
Amministrazione Locale



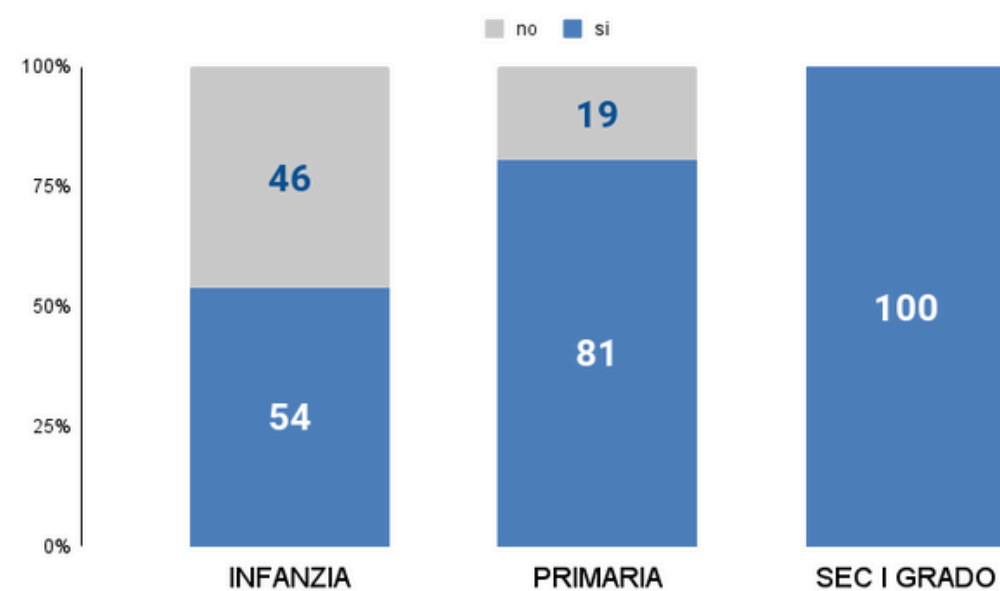
Polizia municipale



ASL



Comunità Locali



Associazioni Sportive

